

Description of Services and Fees

All patients are charged \$165 per hour, including the initial visit, regardless of the extent of the health challenge. Phone consults are also billed at \$165 per hour. I answer questions by email at no charge, provided the question concerns a recent appointment and current issues, not new problems. I cannot answer questions on people who are not current patients. Consults are usually by phone or by Zoom. In person consults can be arranged. I can also do a written report in lieu of a verbal consult, outlining findings and making recommendations.

Lab work is critical in naturopathic medicine. Blood testing is necessary; but, blood is very adaptive and does not always tell us what we need to know to improve your health. Your blood can look perfect, but it may not address everything that is going on at the tissue or cellular level. All these tests are non-invasive.

Please note that none of this work is covered by Medicare or insurance. I recommend you get your doctor to run blood work, as that is covered by insurance. The following is a list of what I like to have ordered:

Blood lab: Full CBC with diff, lipid panel, metabolic panel, ferritin, TSH, and vitamin D. I prefer to have a copy of your blood labs at the first visit. However, if you already have any blood work less than one year old, we can start with that.

Hair analysis: Status of minerals and heavy metals. Blood tells us nothing about mineral storage and heavy metal storage. \$160

Fatty acid testing: One drop of blood provides your Omega 3 and 6 statuses. \$85

Microbiome/gut status: Stool test. You can order these tests directly from the Sungenomics.com website for current prices and specials. Use my code AD25 for a discount.

Allergy testing: Order directly from Enterolab.com. Prices start at about \$100 for a gluten test.

Hormone and adrenal tests: Saliva. Prices start at \$80.

Your consultation with me is individualized and very labor intensive. Many hours that are uncompensated go into my work for you. I accept the major credit cards, but not American Express. I also accept checks or cash. I do reserve the right to charge for consults cancelled within 24 hours or for a no-show.

If you have any questions, please email me at donovanaq@gmail.com text 719-373-9199

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